	$\Omega$
1	outh Windsor
	Relief todayfunction for life!

	PATIENT INFORM	IATION
Patient Name:		
Referred by:	Marital Status: Single	$\Box$ Married $\Box$ Divorced $\Box$ Widowed $\Box$
Address:	City:	Zip Code:
Telephone:	Cell:	Work:
Social Security #:	Email address	S:
Date of Birth:	Age:	Sex: Male
Employer/ School:	Po	sition/ Grade:
Emergency Contact:	Те	lephone:
Primary Care Physician:	Tel	ephone:
Physician's Address:		
	PERSON RESPONSIBLE F	OR PAYMENT
Responsible Party:	Te	lephone:
Self □ Mother □ Fathe	r □ Step Parent □ Spous	e $\Box$ Other (Specify) $\Box$
Address:	Zij	o Code:
Date of Birth:	So	cial Security #:
Employer:		

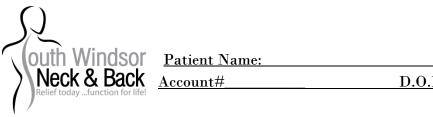
#### PAYMENT IS DUE AT THE TIME OF SERVICE UNLESS PRIOR ARRANGEMENTS HAVE BEEN MADE

I understand that my insurance company may require a referral for care. If I do not have a valid referral, my insurance company could refuse to pay for my care. If my insurance company requires referrals and I fail to obtain a referral, I agree to assume responsibility for payment of my charges. I understand I am responsible financially if my insurance is not covering my visits. I hereby give South Windsor Neck & Back, LLC permission to release my records to my other doctors and to my health insurance company, including psychiatric, substance abuse and AIDS related information. Further, I acknowledge that I have access to and understand the HIPAA privacy agreement; I understand that I may contact the office manager if I have further questions or complaints and that I am entitled to receive a written copy of these policies at my request. I also understand that I am entitled to receive updates upon request if the Privacy Policy is amended or changed.

Signature:

Date:

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D.O.B

CHIEF COMPLAINT(S):	
Date of onset:	
How did it happen? Were you working at the time?	
What makes it feel better?	
What makes it feel worse?	
How does it feel? (sharp, shooting, stiff, dull, aching etc.)	
What time of day is it best? Worst?	□ No timing
How severe is it? (1-10) with 0 being no pain and 10 being unbearable pain?	
What other providers have you seen for this condition? $\Box$ MD $\Box$ DC $\Box$ PT $\Box$ Other: Are you still seeing them? $\Box$ Yes $\Box$ No	
Do you have a permanent disability rating?  No  Yes% Location: What activities have been affected by this condition?	
When was the last time you felt really good?	
What are your goals with care?	
If we were your "Health Genies", what would be your ONE wish?	

	General
Π	Not Applicable
	Anxiety/Depression
	Change in appetite
	Difficulty sleeping
	Excessive bleeding
	Excessive thirst
	Fatigue
	Fever
	Heat/cold intolerance
	Loss of appetite
	Nausea/vomiting
	Night sweats
	Sudden weight change
·	Swollen glands
	Illnesses
	Not Applicable
	AIDS
	Asthma
	Arthritis
	Cancer
	Diabetes
	Fibromyalgia
	Glaucoma
	Heart disease
	Hepatitis
	Hypertension
	High cholesterol
	Immune disorder
	Kidney stones
	Osteoporosis
	Prostate disease
	Shingles
	Skin condition
	Stroke
	Tuberculosis
	Thyroid disease
	Ulcer
	Neurological
	Not Applicable
	Dizziness
	Fainting
	Headaches
	Head trauma
	Numbness/tingling
	Seizures
	Weakness
	Chest
T	Not Applicable
	Cough
	Heart palpitations
	Chest pain

نو ر	Orthopedic
NI	of Applicable
	AI
	eck pain
	id back pain
	w back pain
	oulder pain
	bow pain
	rist pain
	and pain
	lvic/SI pain
	p pain
	nee pain
	nkle pain
Fo	ot pain
the second s	Eyes/Ears
	ot Applicable
	urred vision
	ouble vision
	e pain
	r pain
Lo	ss of hearing
	nging in the ears
	Nose/Throat
	ot Applicable
	ronic discharge
	parseness
	osebleeds
	nus problems
	ouble swallowing
	Abdomen
	ot Applicable
	ange in stool
	nstipation
	arrhea
	od allergy
	artburn
Pa	
	Urine
	ot Applicable
	vaken to urinate
	rning sensation
	cessive urination
Inc	continence
Ur	inary retention
	Woman
	t Applicable
	east masses
	dometriosis
	egular menstruation
	rimenopausal
PM	

	Habits
	Not Applicable
	Alcohol
	Balanced diet
	Coffee
	Regular exercise
	Stress
	Tobacco
	Family History
	Not Applicable
	Arthritis
	Bladder/kidney disease Cancer
	Diabetes
-	Heart disease
	High blood pressure
	Neurological/stroke
	Thyroid disease
	Allergies (list)
1	rgeries (list w/ dates
-	
	Medications (list)
	Medications (list)
	Medications (list)

Patient's Signature:

Date:

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# **INFORMED CONSENT**

As with any health care delivery system, we cannot promise a cure for any symptom, disease, or condition. We will always give you our best care. If we feel as if we can't help you, or if your results are not acceptable, we will refer you to another health-care provider who we feel will best address your situation. All health care procedures have inherent benefits and risks and every patient is unique, therefore treatment needs to be tailored to each patient's particular health situation. Even though the risk for complications are very small, we implement specific tests and procedures that likely reduce the potential for injury even further. What you are being asked to sign is simply a confirmation that you have been informed of the following rare, but potential risks. In addition, your doctor will discuss treatment alternatives available so that you may make an informed decision about your health care. If you have any questions about your health care, please ask the doctor. When you have a full understanding, please sign and date the form below.

**Examination:** In instances when it is necessary to obtain advanced imaging, patients will be referred to an appropriate facility. *If there is any possibility that you are pregnant, please inform us prior to having any tests performed.* If applicable, please inform us of any metallic implants prior to undergoing MRI scanning.

**Treatment:** Chiropractic Manipulation ("adjustment"): The doctor may use his hands or a mechanical device upon the body in such a way as to move your joints in appropriate directions. This procedure may cause an audible "clicking" or "popping" noise to be heard coming from your joints, which is normal and not cause for alarm.

<u>*Pain:*</u> Occasionally, after introducing a new series of exercises, a patient may feel some discomfort. Also, while most patients feel better after manipulation, there may occasionally be a temporary increase in soreness in an area of receiving treatment. If either of these situations occur, please notify us so that appropriate recommendations may be given. We may also need to modify your treatment in the future.

*Fractures:* Fractures caused by chiropractic treatment are extremely rare. They tend to occur most frequently in patients with osteoporosis or weakened bones. Evidence of osteoporosis can be detected on X-Rays and/ or during a complete history and physical examination. If detected, the most appropriate treatment for your condition will be utilized to minimize the possibility of fracture.

*Disk Injury:* Chiropractic treatment is appropriate for the treatment of many kinds of back problems, including some disk problems. However, there is always a possibility that treatment may aggravate or cause a problem, especially if the disk is already in a severely weakened state to begin with. This occurs so rarely that statistics to quantify the probability are unavailable. Estimates place the risk or serious injury at about one complication per *100 million* low back manipulations. *Stroke:* There are reported cases of stroke associated with visits to medical doctors, physical therapists and chiropractors. Research and scientific evidence does not establish a cause and effect relationship between chiropractic treatment and the occurrence of stroke; rather, recent studies indicate that patients may be consulting with medical doctors and chiropractors when they are in the early stages of a stroke. In essence, there is a stroke already in process. However, you are being informed of this reported association because a stroke may cause serious neurological impairment or even death. The possibility of such injuries occurring in association with upper cervical adjustment is extremely remote. The overall incidence of stroke in the general population is about two per 1,000 people. In comparison, the overall average risk of death from taking non-steroidal anti-inflammatory drugs (aspirin, Ibuprofen, Advil, Motrin, Naproxen, etc.) is about 4 per 10,000 patients.

I have read and understand this consent form and hereby authorize and direct Dr. Colby and his associates or assistants to provide services, as they deem reasonable and customary.

Patient's Signature:	Date:
Printed Name of Patient:	Witnessed by:

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# PATIENT FINANCIAL AGREEMENT

In electing to receive care at this office I understand that it is office policy for payment to be made at the time services are rendered unless special arrangements have been made in advance. I also understand that it is my contractual obligation with my insurance company to obtain referrals, if needed, and make co-payments at the time services are rendered.

As a courtesy, the staff at South Windsor Neck & Back will attempt to Verify my insurance benefits for me, however, <u>I understand that on rare occasions the information provided to my doctor by my insurance</u> company regarding co-pay or deductible amounts may be inaccurate or incomplete and that it is ultimately my responsibility to be aware of the type of coverage that my plan provides.

In the event that I am billed for services rendered, I understand full payment is due immediately upon my receipt of an invoice. I also understand that a late fee of 12% per annum or \$10.00/ monthly billing cycle, whichever is greater, will be imposed as long as my account is past due. In the event that my account becomes seriously delinquent, I understand that I will ultimately be responsible for all costs associated with the collection of fees including reasonable attorney fees and court costs. I understand that South Windsor Neck & Back, LLC will impose a \$30.00 fee for returned checks due to insufficient funds. I understand that there is a \$25.00 fee for missed appointments if not cancelled at least 24 hours in advance, and missed appointment fees are not covered services by my insurance plan. I also acknowledge that I am wholly responsible for any difference in payment between the amount of my insurance benefits and the full and total bill plus accrued interest and/ or late fees.

Personal injury cases: I understand that I have a financial obligation to pay South Windsor Neck & Back, LLC for services rendered to me regardless of my settlement or the inapplicability of my insurance. I understand that in the event that my case does not reach a favorable settlement, I must pay South Windsor Neck & Back, LLC immediately for services rendered.

Patient or Guardian

Date

Witnessed by:

Date

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Dr. Christopher A. Colby, DC

# **AUTHORIZATION TO DISCLOSE PROTECTED HEALTH INFORMATION**

Printed Name of Patient		Previous Name (if ap	oplicable)
SEND INFORMATION TO:       (Please be specific)         Provider Name/ Organization:			
SEND INFORMATION TO: (F	Please be specific)		
Provider Name/ Organization:			
SEND INFORMATION TO:       (Please be specific)         Provider Name/ Organization:			
INFORMATION TO BE RELEASE	<b><u>ED FROM:</u></b> (Please be	specific)	
Provider Name/ Organization:			
Address:			
Idress:			
Complete History, including X-Ray	s, MRI's, CT Scans in your p	ossession for date(s	s) of service:
Date of Birth Telephone Number     SEND INFORMATION TO: (Please be specific)   Provider Name/ Organization:    Phone #:			
bate of Birth Telephone Number     EED INFORMATION TO: (Please be specific)   trovider Name/ Organization:			

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Dr. Christopher A. Colby, DC



# X-RAY CONSENT FORM

The doctor will explain that the purpose of the X-Ray about to be taken is to analyze the spine for vertebral subluxations and to determine the appropriateness of the chiropractic spinal adjustment. If the doctor discovers a non-chiropractic "unusual finding" when viewing the X-Ray, I will be informed. I then must determine if I should seek the advice of an additional health care provider for advice, diagnosis, or treatment for the unusual finding. I understand that seeking advice from another type of health care provider should not interfere with the subluxation correction care provided by this office.

Females only: I understand that to the best of my knowledge, I am not pregnant at this time. I hereby authorize South Windsor Neck & Back, LLC to take X-Rays as necessary to determine the status of my spine. I will assume all responsibility for any effects on a fetus potentially present.

Additionally, I understand that all X-Ray charges will be submitted to my insurance company (companies) as a courtesy, but more often than not, X-Rays are a denied charge through insurance and I understand that ultimately all financial costs will be my responsibility.

Patient's Signature:	Date:	
Printed Name:	Witnessed by:	



### **HEALTH INSURANCE CLAIM FORM**

ADDOURD DU						
APPROVED BY	NATIONAL	UNIFORM	CLAIM	COMMITTEE	(NUCC)	02/12

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							Self Spouse Child Other																
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ZIP C	ODE		TEI	LEPHON	NE (Inclu	ide Area	Code)								ZIP CODE TELEPHONE (Include Area C							ode)	
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#### Patient Name

ACN Group, Inc. Use Only rev 11/13/02

Date\_

This questionnaire will give your provider information about how your back condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

#### Pain Intensity

- O The pain comes and goes and is very mild.
- ① The pain is mild and does not vary much.
- ② The pain comes and goes and is moderate.
- ③ The pain is moderate and does not vary much.
- ④ The pain comes and goes and is very severe.
- (5) The pain is very severe and does not vary much.

### Sleeping

- I get no pain in bed.
- ① I get pain in bed but it does not prevent me from sleeping well.
- ② Because of pain my normal sleep is reduced by less than 25%.
- ③ Because of pain my normal sleep is reduced by less than 50%.
- ④ Because of pain my normal sleep is reduced by less than 75%.
- ⑤ Pain prevents me from sleeping at all.

### Sitting

- ① I can sit in any chair as long as I like.
- ① I can only sit in my favorite chair as long as I like.
- ② Pain prevents me from sitting more than 1 hour.
- ③ Pain prevents me from sitting more than 1/2 hour.
- ④ Pain prevents me from sitting more than 10 minutes.
- ⑤ I avoid sitting because it increases pain immediately.

### Standing

- ① I can stand as long as I want without pain.
- ① I have some pain while standing but it does not increase with time.
- ② I cannot stand for longer than 1 hour without increasing pain.
- (3) I cannot stand for longer than 1/2 hour without increasing pain.
- (4) I cannot stand for longer than 10 minutes without increasing pain.
- ⑤ I avoid standing because it increases pain immediately.

# Walking

- I have no pain while walking.
- ① I have some pain while walking but it doesn't increase with distance.
- ② I cannot walk more than 1 mile without increasing pain.
- ③ I cannot walk more than 1/2 mile without increasing pain.
- ④ I cannot walk more than 1/4 mile without increasing pain.
- ⑤ I cannot walk at all without increasing pain.

#### Personal Care

- 1 do not have to change my way of washing or dressing in order to avoid pain.
- ① I do not normally change my way of washing or dressing even though it causes some pain.
- 2 Washing and dressing increases the pain but I manage not to change my way of doing it.
- ③ Washing and dressing increases the pain and I find it necessary to change my way of doing it.
- ④ Because of the pain I am unable to do some washing and dressing without help.
- ⑤ Because of the pain I am unable to do any washing and dressing without help.

### Lifting

- I can lift heavy weights without extra pain.
- ① I can lift heavy weights but it causes extra pain.
- 2 Pain prevents me from lifting heavy weights off the floor.
- ③ Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- ④ Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- 5 I can only lift very light weights.

### Traveling

- ① I get no pain while traveling.
- ① I get some pain while traveling but none of my usual forms of travel make it worse.
- ② I get extra pain while traveling but it does not cause me to seek alternate forms of travel.
- ③ I get extra pain while traveling which causes me to seek alternate forms of travel.
- ④ Pain restricts all forms of travel except that done while lying down.
- (5) Pain restricts all forms of travel.

# Social Life

- (1) My social life is normal and gives me no extra pain.
- ① My social life is normal but increases the degree of pain.
- ② Pain has no significant affect on my social life apart from limiting my more energetic interests (e.g., dancing, etc).
- ③ Pain has restricted my social life and I do not go out very often.
- ④ Pain has restricted my social life to my home.
- ⑤ I have hardly any social life because of the pain.

# Changing degree of pain

- O My pain is rapidly getting better.
- ① My pain fluctuates but overall is definitely getting better.
- ② My pain seems to be getting better but improvement is slow.
- ③ My pain is neither getting better or worse.
- ④ My pain is gradually worsening.
- ⑤ My pain is rapidly worsening.





#### Patient Name

ACN Group, Inc. Use Only rev 11/13/02

Date\_

This questionnaire will give your provider information about how your neck condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

### Pain Intensity

- I have no pain at the moment.
- ① The pain is very mild at the moment.
- ② The pain comes and goes and is moderate.
- ③ The pain is fairly severe at the moment.
- ④ The pain is very severe at the moment.
- (5) The pain is the worst imaginable at the moment.

### Sleeping

- I have no trouble sleeping.
- ① My sleep is slightly disturbed (less than 1 hour sleepless).
- ② My sleep is mildly disturbed (1-2 hours sleepless).
- (3) My sleep is moderately disturbed (2-3 hours sleepless).
- ④ My sleep is greatly disturbed (3-5 hours sleepless).
- (5) My sleep is completely disturbed (5-7 hours sleepless).

# Reading

- I can read as much as I want with no neck pain.
- ① I can read as much as I want with slight neck pain.
- ② I can read as much as I want with moderate neck pain.
- ③ I cannot read as much as I want because of moderate neck pain.
- ④ I can hardly read at all because of severe neck pain.
- ⑤ I cannot read at all because of neck pain.

### Concentration

- (1) I can concentrate fully when I want with no difficulty.
- ① I can concentrate fully when I want with slight difficulty.
- ② I have a fair degree of difficulty concentrating when I want.
- ③ I have a lot of difficulty concentrating when I want.
- ④ I have a great deal of difficulty concentrating when I want.
- (5) I cannot concentrate at all.

# Work

- I can do as much work as I want.
- ① I can only do my usual work but no more.
- ② I can only do most of my usual work but no more.
- I cannot do my usual work.
- ④ I can hardly do any work at all.
- 5 I cannot do any work at all.

# Personal Care

- ① I can look after myself normally without causing extra pain.
- ① I can look after myself normally but it causes extra pain.
- ② It is painful to look after myself and I am slow and careful.
- ③ I need some help but I manage most of my personal care.
- (4) I need help every day in most aspects of self care.
- (5) I do not get dressed, I wash with difficulty and stay in bed.

# Lifting

- ① I can lift heavy weights without extra pain.
- ① I can lift heavy weights but it causes extra pain.
- ② Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- ③ Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- ④ I can only lift very light weights.
- (5) I cannot lift or carry anything at all.

### Driving

- I can drive my car without any neck pain.
- ① I can drive my car as long as I want with slight neck pain.
- 2 I can drive my cart as long as I want with moderate neck pain.
- ③ I cannot drive my car as long as I want because of moderate neck pain.
- ④ I can hardly drive at all because of severe neck pain.
- ⑤ I cannot drive my car at all because of neck pain.

### Recreation

- I am able to engage in all my recreation activities without neck pain.
- ① I am able to engage in all my usual recreation activities with some neck pain.
- ② I am able to engage in most but not all my usual recreation activities because of neck pain.
- ③ I am only able to engage in a few of my usual recreation activities because of neck pain.
- ④ I can hardly do any recreation activities because of neck pain.
- ⑤ I cannot do any recreation activities at all.

# Headaches

- ① I have no headaches at all.
- ① I have slight headaches which come infrequently.
- ② I have moderate headaches which come infrequently.
- ③ I have moderate headaches which come frequently.
- ④ I have severe headaches which come frequently.
- (5) I have headaches almost all the time.



